

Bible Study Topic:

Loneliness, Depression, and Discouragement

- John 16:22** Hang in there! God recognizes your sadness, and promises to make it better.
- John 14:18** You are not alone. God promises to come to YOU right now.
- Hebrews 13:5** Practice contentment. Thank God for not forsaking you.
- Galatians 6:9** Cling with all you've got to God's promises. Don't give up!
- Philippians 4:8** Exercise mind-control. Rehearse blessings, not heart-aches.
- Psalms 126:5-6** Whenever you are on God's side a good choice, Satan will oppose you. Recognize that fact and wait in faith for the joy that will come around the bend.
- Psalms 31:24** Ask God to strengthen your heart.
- I Peter 4:12-13** Jesus has been tempted with discouragement too. He understands.
- Romans 8:26-27** When you are so overwhelmed with burdens that you can hardly even pray, the Spirit of God will re-write your heart's plea.
- Isaiah 51:11** Soon, in God's Paradise of Happiness, we will never be sad again.